

**God's perfect love
casts out all fear, and I
am secure in His love**



LIFE CENTER
ORANGE COUNTY, CA

**I am not alone in my
anxiety; God is with me,
and He will never leave
me nor forsake me**



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GRAND COUNTY, GA

**I find peace in God's
presence, for He is my
refuge and strength, a
very present help in
times of trouble**



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ORANGE COUNTY, CA

**I replace my worries
with prayer, presenting
my requests to God with
thanksgiving, and His
peace guards my heart
and mind in Christ Jesus**



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GRAND COUNTY, GA

**I surrender control to
God, knowing that He is
in control of all things
and works everything
together for my good**



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**I choose to fix my
thoughts on whatever is
true, honorable, just,
pure, lovely, and
commendable, knowing
that God is with me**



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**I am reminded that
God is greater than any
anxious thought or
situation, and I can find
peace in Him**



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**I resist the spirit of fear,
for God has given me a
spirit of power, love,
and a sound mind**



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**I am grateful for God's
faithfulness in the past,
and I trust that He will
continue to be faithful in
the midst of my anxiety.**



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**I am an overcomer
through Christ who
strengthens me, and
anxiety has no power
over me.**



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